## WHAT IS CLAIMED IS:

- 1 1. A monitoring device comprising:
- a mobile telephone having a radio transmit/receive
- 3 function;
- an operation detection unit operable to detect a key
- 5 input operation by a user; and
- a transmission control unit operable, when a preset
- 7 period has elapsed since the key input operation was last
- 8 detected, to have the mobile telephone transmit an emergency
- 9 notification message to a predetermined address.
- 1 2. The monitoring device of claim 1, wherein
- the transmission control unit has the mobile telephone
- 3 transmit the emergency notification message when the preset
- 4 period has elapsed since the key input operation was last
- 5 detected, only within a preset timeslot.
- 1 3. The monitoring device of claim 2 further comprising:
- a position information acquisition unit operable to
- 3 acquire position information showing a current position of
- 4 the monitoring device; and
- 5 a position-shift judgment unit operable to judge
- 6 whether the position of the monitoring device has shifted,
- 7 based on the acquired position information, wherein

- 8 the transmission control unit has the mobile telephone
- 9 transmit the emergency notification message to the
- 10 predetermined address, only when the position has not
- 11 shifted.
- 1 4. The monitoring device of claim 3 further comprising:
- a warning generation unit operable, when the preset
- 3 period has elapsed, to emit a warning indicating that the
- 4 preset period has elapsed, wherein
- the transmission control unit has the mobile telephone
- 6 transmit the emergency notification message to the
- 7 predetermined address, only when the key input operation is
- 8 not detected within a predetermined period after the warning
- 9 is emitted.
- 1 5. The monitoring device of claim 4 further comprising:
- a time clocking unit operable to clock time;
- an operation history recording unit operable to record
- 4 operation history information on a recording medium whenever
- 5 the key input operation by the user is detected, the operation
- 6 history information including a content of the detected key
- 7 input operation and a detection time clocked by the time
- 8 clocking unit;
- a call reception unit operable to receive a call request

- 10 message from another communication terminal; and
- a judgment unit operable to judge whether the received
- 12 call request message includes an acquisition request
- 13 identification code showing the call request message to be
- 14 an acquisition request for operation history information,
- 15 wherein
- the transmission control unit has the mobile telephone
- 17 transmit the operation history information recorded on the
- 18 recording medium to the other communication terminal if the
- 19 acquisition request identification code is included.
- 1 6. The monitoring device of claim 5 further comprising:
- a ringer operable to sound off when the call request
- 3 message is received; and
- an inhibiting unit operable to inhibit the sounding off
- 5 of the ringer when the acquisition request identification
- 6 code is included in the received call request message.
- 1 7. The monitoring device of claim 3 further comprising:
- a position judgment unit operable to judge whether the
- 3 position shown by the acquired position information is within
- 4 a predetermined range, wherein
- 5 the position-shift judgment unit judges whether the
- 6 position of the monitoring device has shifted, based on the

- 7 acquired position information, only when the position shown
- 8 by the acquired position information is outside the
- 9 predetermined range.
- 1 8. The monitoring device of claim 7 further comprising:
- a warning generation unit operable, when the preset
- 3 period has elapsed, to emit a warning indicating that the
- 4 preset period has elapsed, wherein
- 5 the transmission control unit has the mobile telephone
- 6 transmit the emergency notification message to the
- 7 predetermined address, only when the key input operation is
- 8 not detected within a predetermined period after the warning
- 9 is emitted.
- 1 9. The monitoring device of claim 7 further comprising:
- 2 a time clocking unit operable to clock time;
- an operation history recording unit operable to record
- 4 operation history information on a recording medium whenever
- 5 the key input operation by the user is detected, the operation
- 6 history information including a content of the detected key
- 7 input operation and a detection time clocked by the time
- 8 clocking unit;
- a call reception unit operable to receive a call request
- 10 message from another communication terminal; and

- a judgment unit operable to judge whether the received
- 12 call request message includes an acquisition request
- 13 identification code showing the call request message to be
- 14 an acquisition request for operation history information,
- 15 wherein
- the transmission control unit has the mobile telephone
- 17 transmit the operation history information recorded on the
- 18 recording medium to the other communication terminal if the
- 19 acquisition request identification code is included.
  - 1 10. The monitoring device of claim 8 further comprising:
  - 2 a time clocking unit operable to clock time;
- an operation history recording unit operable to record
- 4 operation history information on a recording medium whenever
- 5 the key input operation by the user is detected, the operation
- 6 history information including a content of the detected key
- 7 input operation and a detection time clocked by the time
- 8 clocking unit;
- 9 a call reception unit operable to receive a call request
- 10 message from another communication terminal; and
- a judgment unit operable to judge whether the received
- 12 call request message includes an acquisition request
- 13 identification code showing the call request message to be
- 14 an acquisition request for operation history information,

- 15 wherein
- the transmission control unit has the mobile telephone
- 17 transmit the operation history information recorded on the
- 18 recording medium to the other communication terminal if the
- 19 acquisition request identification code is included.
- 1 11. The monitoring device of claim 9 further comprising:
- a ringer operable to sound off when the call request
- 3 message is received; and
- an inhibiting unit operable to inhibit the sounding off
- 5 of the ringer when the acquisition request identification
- 6 code is included in the received call request message.
- 1 12. The monitoring device of claim 10 further comprising:
- a ringer operable to sound off when the call request
- 3 message is received; and
- an inhibiting unit operable to inhibit the sounding off
- 5 of the ringer when the acquisition request identification
- 6 code is included in the received call request message.
- 1 13. The monitoring device of claim 1 further comprising:
- a position information acquisition unit operable to
- 3 acquire position information showing a current position of
- 4 the monitoring device; and

- 5 a position-shift judgment unit operable to judge
- 6 whether the position of the monitoring device has shifted,
- 7 based on the acquired position information, wherein
- 8 the transmission control unit has the mobile telephone
- 9 transmit the emergency notification message to the
- 10 predetermined address, only when the position has not
- 11 shifted.
- 1 14. The monitoring device of claim 1 further comprising:
- a warning generation unit operable, when the preset
- 3 period has elapsed, to emit a warning indicating that the
- 4 preset period has elapsed, wherein
- 5 the transmission control unit has the mobile telephone
- 6 transmit the emergency notification message to the
- 7 predetermined address, only when the key input operation is
- 8 not detected within a predetermined period after the warning
- 9 is emitted.
- 1 15. The monitoring device of claim 2 further comprising:
- a warning generation unit operable, when the preset
- 3 period has elapsed, to emit a warning indicating that the
- 4 preset period has elapsed, wherein
- 5 the transmission control unit has the mobile telephone
- 6 transmit the emergency notification message to the

- 7 predetermined address, only when the key input operation is
- 8 not detected within a predetermined period after the warning
- 9 is emitted.
- 1 16. The monitoring device of claim 1 further comprising:
- 2 a time clocking unit operable to clock time;
- an operation history recording unit operable to record
- 4 operation history information on a recording medium whenever
- 5 the key input operation by the user is detected, the operation
- 6 history information including a content of the detected key
- 7 input operation and a detection time clocked by the time
- 8 clocking unit;
- a call reception unit operable to receive a call request
- 10 message from another communication terminal; and
- a judgment unit operable to judge whether the received
- 12 call request message includes an acquisition request
- 13 identification code showing the call request message to be
- 14 an acquisition request for operation history information,
- 15 wherein
- the transmission control unit has the mobile telephone
- 17 transmit the operation history information recorded on the
- 18 recording medium to the other communication terminal if the
- 19 acquisition request identification code is included.

- 1 17. The monitoring device of claim 2 further comprising:
- 2 a time clocking unit operable to clock time;
- an operation history recording unit operable to record
- 4 operation history information on a recording medium whenever
- 5 the key input operation by the user is detected, the operation
- 6 history information including a content of the detected key
- 7 input operation and a detection time clocked by the time
- 8 clocking unit;
- 9 a call reception unit operable to receive a call request
- 10 message from another communication terminal; and
- a judgment unit operable to judge whether the received
- 12 call request message includes an acquisition request
- 13 identification code showing the call request message to be
- 14 an acquisition request for operation history information,
- 15 wherein
- the transmission control unit has the mobile telephone
- 17 transmit the operation history information recorded on the
- 18 recording medium to the other communication terminal if the
- 19 acquisition request identification code is included.
  - 1 18. The monitoring device of claim 3 further comprising:
- 2 a time clocking unit operable to clock time;
- an operation history recording unit operable to record
- 4 operation history information on a recording medium whenever

- 5 the key input operation by the user is detected, the operation
- 6 history information including a content of the detected key
- 7 input operation and a detection time clocked by the time
- 8 clocking unit;
- 9 a call reception unit operable to receive a call request
- 10 message from another communication terminal; and
- a judgment unit operable to judge whether the received
- 12 call request message includes an acquisition request
- 13 identification code showing the call request message to be
- 14 an acquisition request for operation history information,
- 15 wherein
- the transmission control unit has the mobile telephone
- 17 transmit the operation history information recorded on the
- 18 recording medium to the other communication terminal if the
- 19 acquisition request identification code is included.
- 1 19. A monitoring method in a monitoring device that includes
- 2 a mobile telephone having a radio transmit/receive function,
- 3 comprising the steps of:
- detecting a key input operation by a user; and
- 5 having the mobile telephone transmit an emergency
- 6 notification message to a predetermined address, when a
- 7 preset period has elapsed since the key input operation was
- 8 last detected.